



Sri Sankara Vidyaashramam Mat. Hfr. Sec. School

SANDESA PATRIKA

SEPTEMBER 2024

"Empowering minds,
Driving change"



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*"many ideas grow better when
transplanted into another mind
than the one where they sprang
up." - oliver wendell holmes*





Teacher's Column

Mrs. S. Vijayalakshmi

Perseverance

Perseverance is the ability to go on when things seem hopeless. It is also a measure of success, or at least how much sacrifice one will make in the name of success. Perseverance is the quality of persisting in a task or effort despite obstacles, challenges, or setbacks. It involves striving for a goal or objective even when faced with difficulties, failures, or disappointments.

Here are some tips to help you follow perseverance in life:

1. **Set clear goals:** Define what you want to achieve and set specific, measurable, and attainable goals.
 2. **Break tasks into smaller steps:** Divide daunting tasks into manageable steps to maintain momentum.
 3. **Create a schedule:** Establish and stick to a routine, allowing for flexibility when needed.
 4. **Track progress:** Monitor your progress, celebrating small victories.
 5. **Embrace failure:** View failures as opportunities to learn and grow, rather than setbacks.
 6. **Stay positive:** Maintain a positive mindset, focusing on solutions rather than problems.
 7. **Seek support:** Surround yourself with encouraging people who support your goals.
 8. **Practice self-care:** Take care of your physical, emotional, and mental well-being.
 9. **Stay flexible:** Adapt to changes and obstacles, finding new paths forward.
 10. **Celebrate milestones:** Acknowledge and celebrate your achievements along the way.
 11. **Find your why:** Identify your motivations and reasons for pursuing your goals.
 12. **Take breaks:** Allow yourself time to rest and recharge, avoiding burnout.
 13. **Learn from others:** Study people who have persevered and achieved success.
 14. **Stay accountable:** Hold yourself responsible for your actions and progress.
 15. **Focus on the journey:** Enjoy the process, rather than just focus on the result.
- Remember, perseverance is a muscle that grows stronger with practice. Start with small challenges and gradually work your way up to develop your perseverance skills.



A WONDERFUL DAY TO CELEBRATE

YOUR HARDWORK.

THANK YOU FOR BEING

A WONDERFUL



teacher

HAPPY TEACHER'S DAY



teachers

_ *A Grateful Heart Speaks* _

As our parents bid us goodbye every morning ,
We wave back at them with our hearts pleased .
For we do have you at school ,
The ones who help our troubles be eased .

With every lesson you teach us ,
You instill your sense of wisdom .
Under your wise guidance and mentorship ,
We explore areas outside our kingdom.

Although at times we may get on your nerves ,
And make you lose your cool ,
With patience and grace you tackle the situation,
Making you tough for us to fool .

On this special day we express our gratitude ,
For the guidance you deliver with unwavering rectitude ,
And for helping us stay on track ,
Just by saying - Dear Teachers , we love you to the moon
and back .

N U Dheptimooyee Lakkshmi
Std XI A



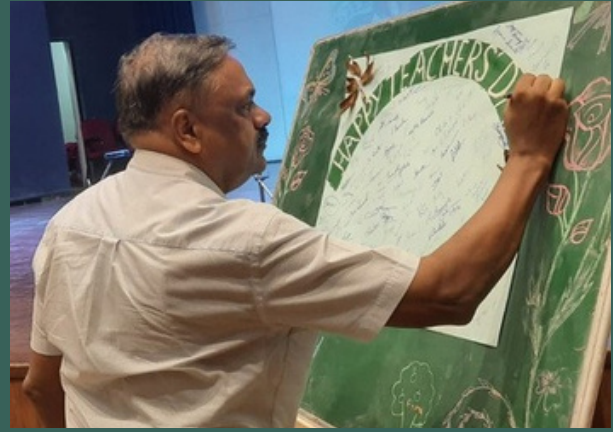
A Day to Cherish

Excitement and joy filled the air, as Teachers' Day, 5th September 2024, dawned with vibrant hues of green. The celebration was not only a tribute to the teachers but also to nature. The day began on a heartfelt note, with an Interactor reciting a special poem dedicated to the teachers, setting the perfect tone for the day.

Students arrived, beaming with joy, bearing hand-made cards and flowering saplings—thoughtful gifts that warmed the hearts of their teachers. These tokens symbolized their commitment to saving nature, a lesson deeply instilled by the very educators they were celebrating.

The highlight of the day was the felicitation of teachers by the Managing Trustee, honoring their dedication and long years of service. It was truly a day filled with gratitude, reflection, and hope for a greener future.





TEACHING IS A
WORK OF HEART

Clay art



Ganesh Chaturthi

Wishing you all a beautiful, colourful and cheerful Ganesh Chaturthi!



"Little Hands, Big Creations: Tiny Tots in Action!"

On the auspicious occasion of Ganesh Chaturthi, the UKG students of our school enthusiastically participated in a hands-on activity of crafting eco-friendly clay Ganesh idols. This creative initiative not only introduced the young learners to the significance of the festival but also emphasized the importance of using natural materials. The little artists displayed great excitement and pride in shaping their own Ganeshas, under the guidance of their teachers. The event was a delightful blend of tradition and creativity, fostering both cultural awareness and artistic expression among the tiny tots.



WWF QUIZ TIME!

THE WORLD WISDOM GLOBAL CHALLENGE 2024



THE ULTIMATE SCALY SURVIVALISTS (Reptiles)

A

22nd July 2024

B

11 & 12th September 2024

C

3rd Week of October 2024

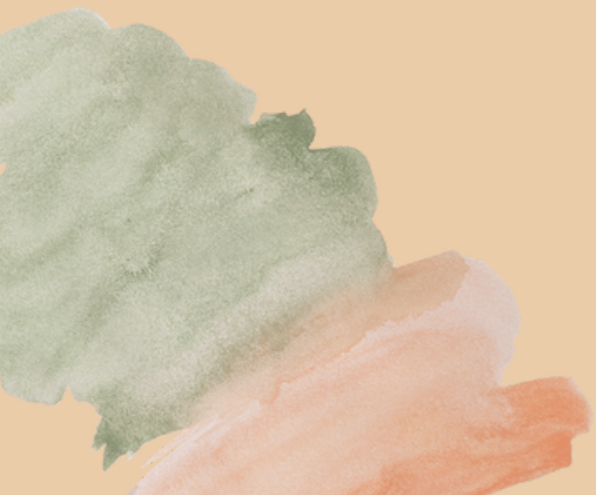




THE WORLD WISDOM GLOBAL CHALLENGE 2024

THE ULTIMATE SCALY SURVIVALISTS (Reptiles)

Class room challenge was conducted on 22nd July 2024, hundred students from classes 6, 7 and 8 participated enthusiastically, top thirty students were selected for the second round that is school challenge. These thirty students participated in all the activities on the WWGC website and final online quiz was conducted on 11.9.24 and 12.9.24. Top two students will participate in City round challenge which will be conducted during 3rd week of October.



ROSE DAY

"Supporting Fighters, Celebrating Survivors"

Paint the World in the Shades of Cancer Awareness

On the 13th of September 2024, students of SSV were honored with the opportunity to visit the Adyar Cancer Institute, Chennai, to donate biscuits, soaps, and dates to the patients. Two Interactors, along with a teacher coordinator, met with Dr. Surendran Veeraiah, Professor and Head of the Department of Psycho-oncology and RCTC.

During the visit, we learned about the causes, stages, and prevention of cancer.

Dr. Surendran emphasized that cancer is curable if detected early. He explained that while only 10% of cancers are linked to genetic factors, the other 90% result from unhealthy lifestyle choices. A balanced diet and regular exercise are crucial in preventing the disease.

Dr. Surendran stressed that early detection plays a vital role in improving the chances of a cure.

We concluded the visit with the powerful message: "Spreading awareness today, for a healthier, cancer-free tomorrow."

**Anushka Shankar & Deva Shree
Std XI**



SSV SPORTS

BREAKING

NEWS

**THE
PRELIMS-**

Fuel your Passion; Ignite the Game



TRACK EVENTS





Our school had the privilege of hosting the Zonal Throw Ball and Ball Badminton matches this year, welcoming boys and girls under the age categories of 14, from various schools .The event was filled with enthusiasm, high energy, and excellent sportsmanship as students competed fiercely, representing their schools with pride.

In the **Throw Ball matches****, the girls' teams, especially in the under-14 category, demonstrated exceptional teamwork and strategy. Our school's under-14 girls' team performed outstandingly, securing second place .The boys' matches were equally gripping, with the under-14 winning the match.**

The **Ball Badminton tournament**** saw equally intense competition. The boys under-14 category was particularly exciting, with fast-paced rallies and skillful shots. Our under-14 boys' team displayed excellent reflexes, making it to the semi-finals and winning the match.**

The tournament provided a great platform for young athletes to showcase their talent and learn valuable lessons in teamwork and perseverance. We extend our heartfelt thanks to the participating schools, referees, and volunteers for making the event a grand success.







An exciting encounter awaited our students as they stepped onto the court, where they met none other than Prannoy, the international badminton star. His words of encouragement and his unwavering passion for the sport ignited a spark within each of them, urging them to strive for excellence both on and off the court. It was a moment of inspiration, as they learned that greatness is not just about talent but about persistence, hard work, and the relentless pursuit of one's dreams.



In the block-level chess competition held on 18th September at Olcott Memorial Hr. Sec. School, our students showcased their strategic brilliance and competitive spirit, bringing home numerous prizes. Their hard work, dedication, and focus were evident in every move they made, making us immensely proud of their achievements.



Coconut day



The students of Std 4 enthusiastically celebrated Coconut Day, highlighting the many uses and benefits of the coconut tree. The event aimed to educate the students on the versatility of the tree, often called the "Tree of Life," as it provides valuable resources beyond just the coconut fruit.

The day was marked by creative activities, where students showcased a variety of crafts and food made from different parts of the tree. They used coconut shells to create decorative items such as jewelry boxes and small plant pots. Coconut leaves were woven into beautiful mats and simple wall hangings, showcasing traditional craft techniques.

The highlight of the event was the culinary display, where students prepared a range of delicious dishes using coconut-based ingredients.



Coconut - The Tree of Life

Youth Exchange Programme



A Day Of International Aspiration & Inspiration! Interactors of classes 9 and 11 attended a guest lecture on Rotary Youth Exchange Programme in our school on 30 th August 2024. Who better than a youth icon himself who has travelled this international path with resounding success ,to address the students! Holding many international portfolios, Rtn. Dinesh Gajendran is a Catalyst and Executive Director of Audacious Dreams Foundation, Indian Commonwealth Champion and Commonwealth Youth Worker Awardee. Rtn. Dinesh Gajendran's interactive session was both interesting and engaging! In the offing..... a trip to Malaysia! In this interactive session, students got to know about the purpose of the trip - to forge international connections, meet diplomats, interact with the student community ,cultural forums and industrial visits. Thus this global immersion tour offered the students 'the edge '...

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Knotty Decoders

Can you solve this ?
if

Mercury =713

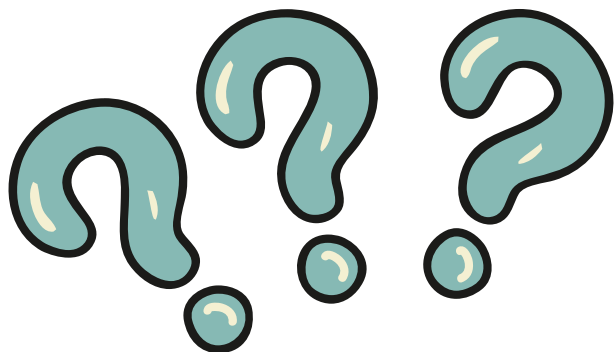
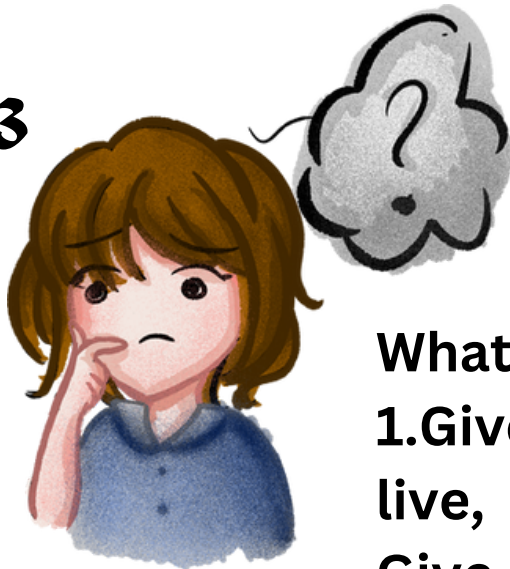
Venus=522

Earth=55

Mars=413

Saturn=619

Then Jupiter= ?



Do You Know

The oldest known flute, made from a vulture bone, dates back 40,000+ years.

The oldest known song is Hurrian Hymn No. 6.

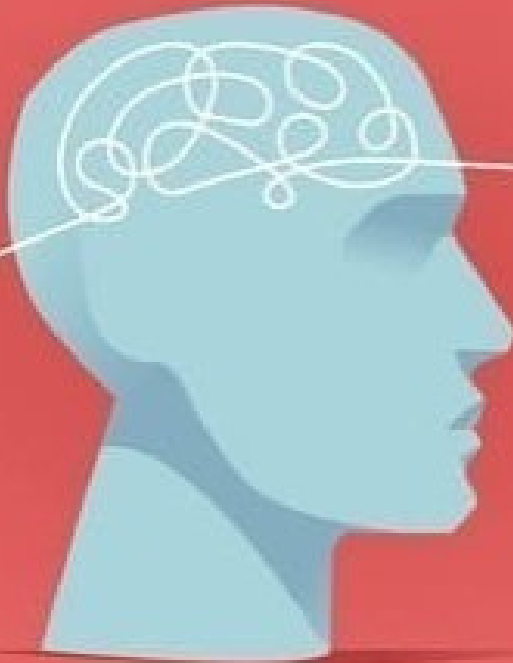
What am I?

1. Give me food, and I will live,
Give me water, and I will die.

2. What is black when you get it, red when you use it,
and white when you are all through with it?



SSV



Knotty Decoders

Answers for August edition quiz

Riddle time

1. Abandon
2. Panda
3. Candy
4. Bandaid
5. Grandma
6. Bandit
7. Handbag
8. Badlands
9. Bland
10. Candle
11. Colanders
12. Outstanding
13. expanding
14. Errand
15. Commander
16. Candid
17. Bystanders
18. Husbands
19. Island
20. Kickstand

Answer: Felix

Explanation: Here my name "Iron59" means Felix. Since my father is a chemist he gave code Iron for Fe as chemical symbol for Iron is Fe and my mother is a mathematician she gave 59 for Lix as Roman word for 59 is Lix. Hence my name is FELIX.



LEARNING
IS FUN
SSV