



SRI SANKARA VIDYASHRAMAM MAT. HR. SEC. SCHOOL



OCTOBER 2024
NAVARATRI EDITION



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Meet The Editorial Team



Aksitha Thangarathi S A
Std XI



Sukitha V
Std XI



Vidush S
Std XI



Rikesh V
Std IX



Lakshitha S
Std IX

TEACHER'S COLUMN

Mrs Nithya P

“Transform each challenge into Opportunities for growth”

Challenges are an inevitable part of life. Adolescence is unique and often a tumultuous period marked by various challenges....The demand for high grades, competitiveness of college admissions, balancing studies & extracurricular activities, navigating friendships, peer pressure, conflict with parents, misunderstanding with friends, cyber bullying, feeling of isolation, mood swings, anxiety, struggle with body image...I am sure, all of these could really be too stressful and disorienting and can have a huge impact on your self-esteem and mental wellbeing. Do you feel trapped or getting swallowed by them? How do you think you can deal with these challenges?

While there is no obvious or “one size fits all” solutionthe only way out is to “become more resilient“ In times of struggle, having a resilient spirit becomes an asset that seems to transform challenges into opportunities for growth. This transformation helps you move forward, instead of leaving you stuck.

Changing your mind from the challenges you face can be an extremely liberating act that expand your horizons. “Look at the same issue through a different lens ”Remember, this really helps you see things from a fresh and hopeful perspective.

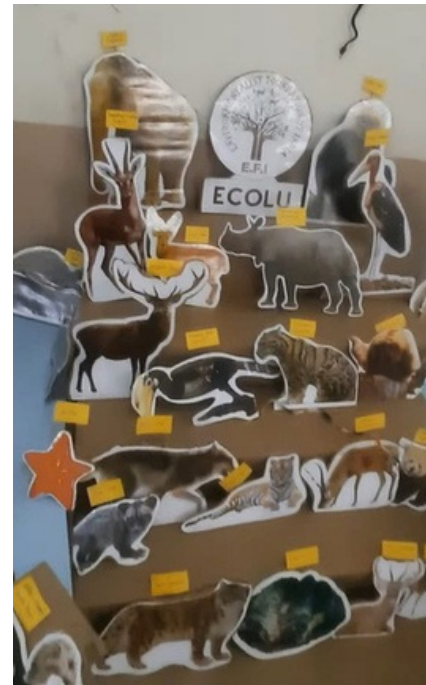
To move forward... “Be honest and honour yourself by living from a place of personal truth ” Try exploring new possibilities... in this way you can lean into the discomfort with a little more ease and develop an openness to learning.

Allow your struggles to unfold. “Move through the obstacles, instead of hiding from them.” When you are open and inquisitive, you are more apt to find the inspiration to move forward, live fully, grow exponentially and self-heal great wounds. When you are curious about how you can grow through your struggles, you get a chance of coming through the other end stronger. You become more resilient by being gifted the opportunity to transform. So, all you need to do is to bounce back strongly than ever...

**“ CHANGE YOUR PERSPECTIVE, CULTIVATE A PROACTIVE ATTITUDE AND MARCH TOWARDS YOUR GOAL”
REMEMBER,” YOU CREATE YOUR REALITY”**

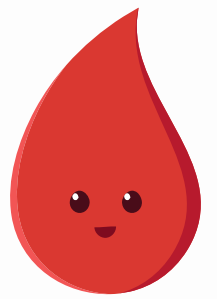
Golu Gallata





Navrathri festivities at SSV were very special with the Golu taking many avatars - a traditional one juxtaposed with eco friendly vibes. Adorably dressed in traditional attire, the students of KG to Std II brought tasty sundal prasadam highlighting the importance of healthy snacking. Students of grade three had the theme of transportation, with safety on the roads a priority. An array of things made of coconut shells was the attractive display from students of Std IV. They also portrayed Durga Maa of ECO propotions with her many arms calling attention to nature conservation. Students of Std V made a forest, spreading light on the need to reduce animal- human conflict. ECOLU (with guidance from Environmentalist Foundation of India)- with endangered species cardboard cut outs was the contribution of Std VIII students, to pass the message of conservation to their juniors. Thus navrathri celebrations in SSV was a splash of colour and fun where heritage and nature blended into a seamless bond of learning!

Honoring the Gift of Life



Proud recipients of the Blood Donation Award!

Together, we continue to make a difference, one drop at a time. 🩸❤️

#LifeSavers

At a function organised by the Madras Voluntary Blood Bureau (MVBB) held on 1st October 2024, four Interactors and two teachers from Sri Sankara Vidyashramam received an award for 'Distinguished Service in Blood Donation.' We also had the privilege of rendering the prayer song on this momentous occasion. The awards were given away by the chief guests Dr C M K Reddy and Padmashri Dr Nithyashri Mahadevan.

NANHICHHAN NATIONAL SCHOOL ESSAY CONTEST



AKSITHA THANGA RATHI S A

**AKSITHA THANGA RATHI S A of
11 B- has qualified for the Finals of the 11th
Nanhi Chhaan National School Essay Contest,
2024.**

CSIR ONE DAY SCIENTIST PROGRAMME



**Ganesh S of Std XII had the unique opportunity
to attend the CSIR Electrochemical Workshop
and engaging with renowned scientist,
Dr. Shrikuttan, and exploring various labs of
CSIR involved in
research and development.**

THE WORLD WISDOM GLOBAL CHALLENGE 2024



Pugazhenthithi



Sarvesh LR

**Pugazhenthithi of class VIII and
Sarvesh LR of class VII
were selected for City round
challenge**

ATHLETIC MEET



**Manisha
XII C**

**The Chennai Revenue District
Athletic Meet was held at
Santhome Higher Secondary
School, on October 23, 2024.**

**Manisha S. of Std XII has won first
place in
shot put for under-19 girls**



ROAD SAFETY PATROL

THE ROAD SAFETY PATROL (RSP) INAUGURATION WAS CONDUCTED ON 7TH OCTOBER 2024 AT THE SOUTH ZONE LEVEL, BRINGING TOGETHER 125 PARTICIPATING SCHOOLS IN A COLLABORATIVE EVENT AIMED AT FOSTERING ROAD SAFETY AWARENESS AND RESPONSIBLE CITIZENSHIP AMONG YOUNG STUDENTS. IN THIS PRESTIGIOUS PROGRAM, AWARDS WERE GIVEN TO THE TOP RSP PUPILS AS A RECOGNITION OF THEIR COMMITMENT AND EXCELLENCE IN THE RSP INITIATIVES.

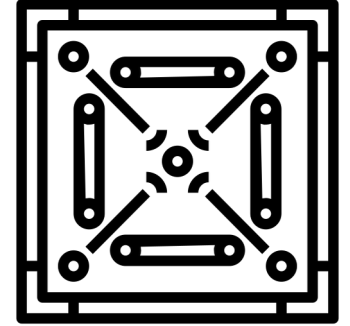
IT IS A MATTER OF IMMENSE PRIDE THAT SIDHUVAN SAI FROM OUR SCHOOL WAS HONORED AS ONE OF THESE OUTSTANDING PUPILS. THE ACHIEVEMENT IS A TESTAMENT TO THE HARD WORK AND DISCIPLINE INSTILLED BY THE RSP PROGRAM, WHICH PLAYS AN IMPORTANT ROLE IN SHAPING THE NEXT GENERATION OF RESPONSIBLE CITIZENS.



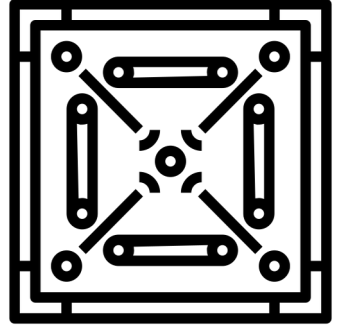
**SPORTS
SSSV**

NEWS





In the Under 14 Boys Singles category, Hari Krishnan from IX C emerged as the winner, while Vicram from VIII A secured the runner-up position. In the Under 14 Girls Singles, Dhanya Shree B, also from IX C, claimed victory. The Under 14 Boys Doubles saw an outstanding performance from the duo of Hari Krishnan and Srivasan M, both from IX C, who took home the winners' trophy. In the Girls Doubles for the same age group, G. Nandhini from VIII A and H. Shai Harshitha from VII A won the competition, with Dhanya Shree B and Sujitha P from IX C finishing as runners-up.



Under-14- Singles/Doubles



Hari Krishnan IX C
Winner- Singles/Doubles



Vicram VIII A
Runner up- Singles



Dhanya Shree B IX C
Winner- Singles



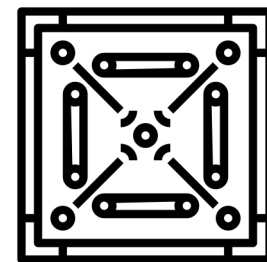
Srivasan M IX C
Winner- Doubles



Nandhini G VIII A
Winner- Doubles



Shai Harshitha H VII A
Winner- Doubles



Under-17- singles/ Doubles



Dhavesh IX C

Runner up- Singles/ Doubles



Krishnan V IX B

Runner up- Singles



Pragatheesh XI A

Runner up- Doubles



Havish Sakthi XII B

Winner- Singles



Mithran J XII B

Runner up- Doubles



Abimanu A X B

Runner up



Senthil Kumar S P IX A

Runner up

Under-11



Yazhini L VB

Winner



Rakshitha K R V B

Runner up

TAMIL PATTI MANDRAM

கல்வி



செல்வம்



வீரம்



Navratri Celebration Pattimandram at Sri Anantha Padmanabha Swamy Temple



On October 12, 2024, the Dharma Paripalana Sabha, under the guidance of the Hereditary Trustee of Sri Anantha Padmanabha Swamy Temple, celebrated the Navratri festival. As part of the festivities, a special Pattimandram (debate) was conducted, focusing on the thought-provoking topic,
“Kalviyaa? Selvamaa? Veeramaa?”

Thiru. S. Mohanasundaram served as the judge for the event. Rithika Shree H. and Deshnaa V.T. from Class XI represented the side advocating for Kalvi (Education). All participants were awarded Rs. 750 each, along with a gift, in recognition of their valuable contributions.



Feature Stories

ADYAR TIMES / OCTOBER 20 - 26, 2024

Navarathri >

Green Navaratri Kaleidoscope: Merging tradition and sustainable creativity



Sri Sankara Vidyashram's Navaratri celebrations were held across multiple venues on the campus. The vibrant and engaging event highlighted creativity, tradition, and eco-consciousness. Here's a glimpse of the activities:

- Eco-Friendly Golu: The Golu was crafted using eco-friendly materials like cardboard and natural dyes. Students from Grade 8, under the guidance of EFI, displayed their awareness of endangered species by presenting figurines and decor that aligned with the theme of sustainability.
- Classic Traditional Golu
- Golu Tales from the Golden Years - Grandparents Saga
- Majestic Stripes: Pulli Kolam Showcase: The third-floor corridor was adorned with intricate Pulli Kolams that demonstrated symmetry, precision, and a deep connection to South Indian cultural art forms.

Adyar Times



Award for Interact Club of Sri Sankara Vidhyashramam:

Madras Voluntary Blood Bureau and Association of Voluntary Blood Donors (TN) held their 49th annual award function on October 1, 2024. Chief guests Dr. C. M. K. Reddy and Padmashree Dr. Nithyashree Mahadevan presented the "Distinguished Service in Blood Donation" award to four Interactors and two teacher coordinators.

The Lighthouse | 20 October 2024

Light House

INDUSTRIAL

VISIT



**KWALITY MILK FOODS LTD
KANCHIPURAM**

The Rotary Club of Madras organized an insightful industrial visit to Kquality Milk Foods Ltd on October 23, 2024. A group of 20 enthusiastic Interactors of Sri Sankara Vidhyashramam School, Thiruvannamiyur, took part in the visit. Rtn. Balaji Chinni, the Youth Service Director of the Rotary Club of Madras and Rtn. E. Aswath Kumar Reddy accompanied the Interactors. During the visit, students gained valuable insights into the intricate processes involved in milk production. This industrial visit has undoubtedly broadened their understanding of the dairy industry and the complexities involved in producing the dairy products we consume daily.





WE THINK
PINK.

OCTOBER IS NATIONAL BREAST
CANCER AWARENESS MONTH

"Uniting Against Breast Cancer: Our School's CanStop Walkathon Experience"

On 27th October, 2024,

16 Interactors and one teacher coordinator proudly joined forces with the Rotary Club of Madras and Sundaram Medical Foundation at Island Grounds for the CAN STOP- 'One Walk One Hope' - breast cancer awareness walkathon. This momentous event brought together participants from diverse backgrounds, united in our quest to make a difference.

This experience had left a lasting impression on our school community, reinforcing the importance of social responsibility and community engagement. The warm up zumba session and memorabilia stalls added a festive touch to the walk. Interactors were proud to have been a part of this initiative and thank the organizers for giving a wonderful opportunity.

SSU



Knotty Decoders

RIDDLE TIME

Find the one word that fits in all the blanks to make them new words:

1. ___VE
2. CO___
3. RE___T
4. ___RY
5. MU___D
6. CU___D



Do You Know

August 23rd is celebrated as International Carrom Day.



Carrom has earned recognition from the International Olympic Committee (IOC) and the World Anti-Doping Agency (WADA) as a sport.



SSU



Do You Know



Knotty Decoders

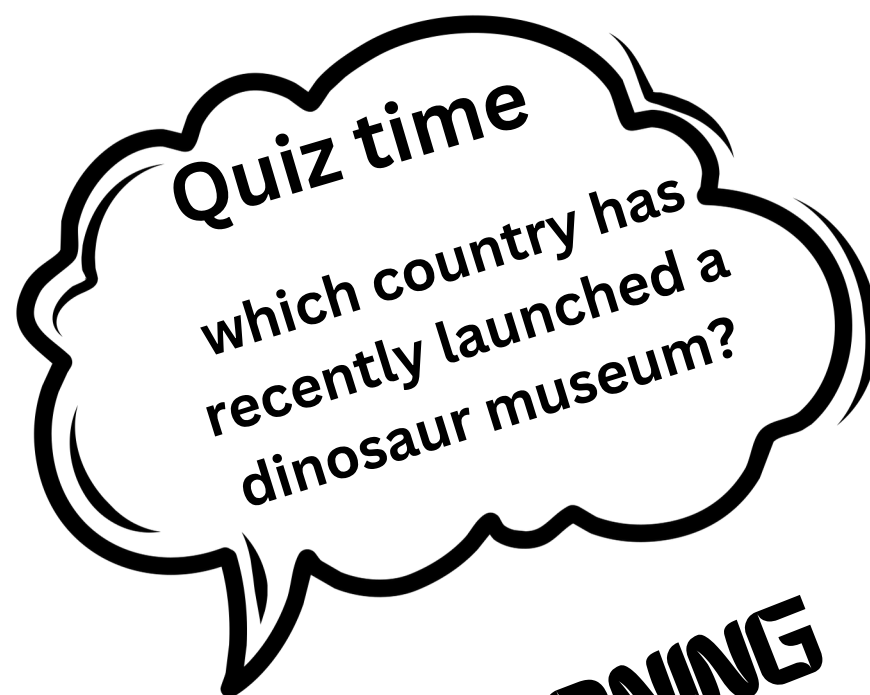
Answers for August edition quiz

Can you solve this?

Number of letters in
“Mercury” is 7 and the first
letter M is the 13th letter
hence the value given is
713, therefore the value of
“Jupiter” is 710

What am I?

1. fire
2. coal



LEARNING
IS FUN
@
SSU