

Sri Sankara Vidyashramam  
Mat. Hr. Sec. School

# Sandesa Patrika

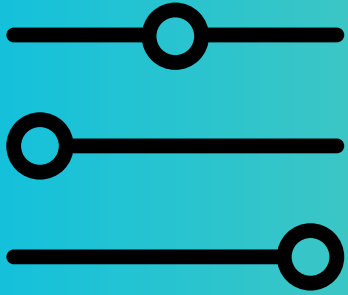
*Let the Light of Knowledge Glow !!!*



Diwali Edition  
November 2024

# EDITORIAL

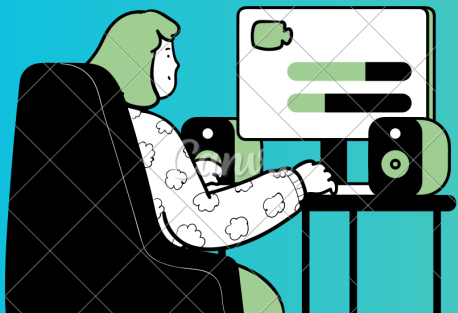
## TEAM



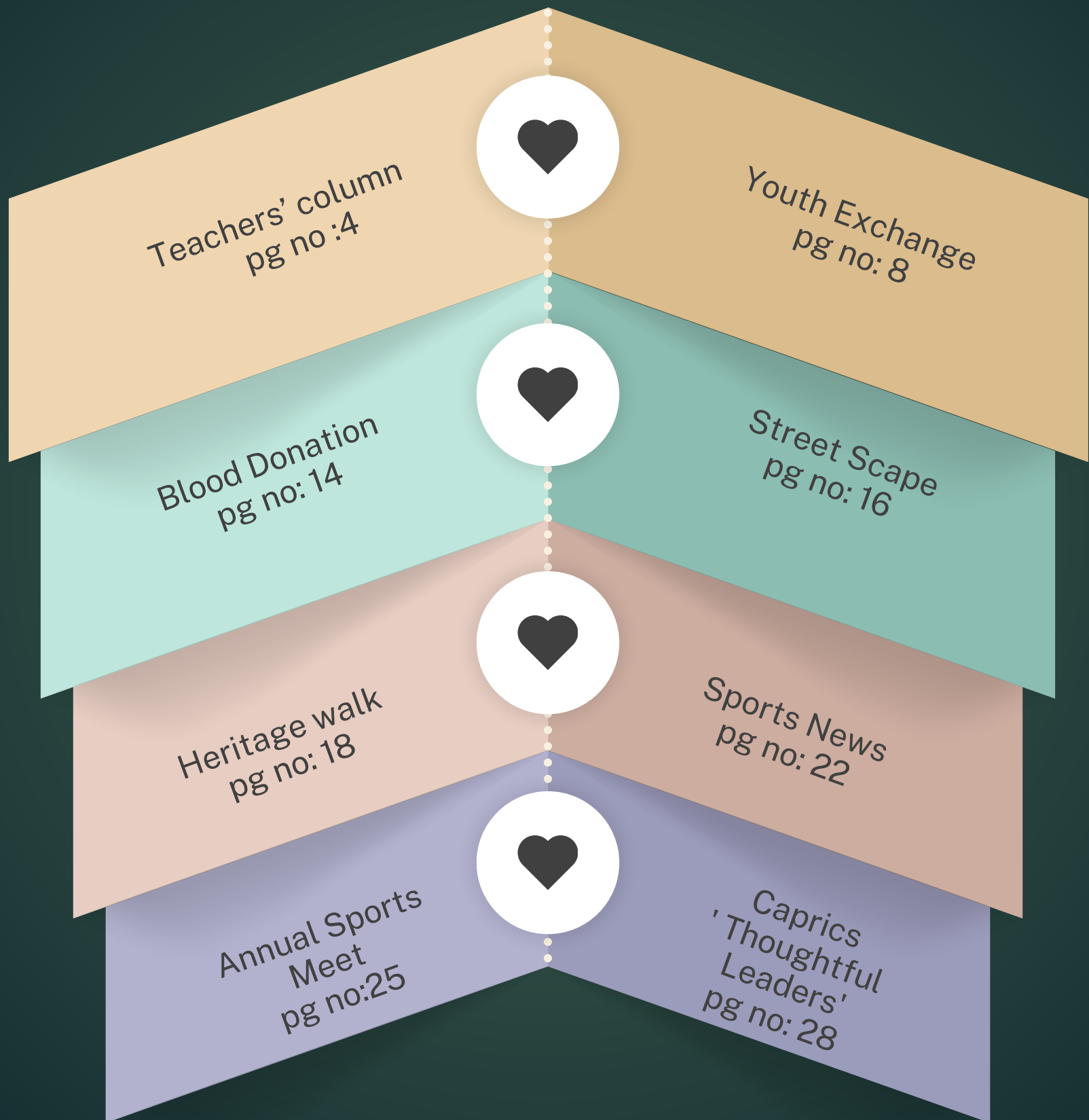
Mahalakshmi.R Std 11

Lakshitha.S Std 9

N U Dheptimooyee Lakkshmi Std 11



# Content



# Resilience and Adaptability

P. vijayalakshmi

## Teacher's Column



Thriving Through Change In life, challenges are inevitable, but resilience and adaptability empower us to turn setbacks into comebacks. Resilience is about staying strong in difficult times, while adaptability allows us to adjust and find new paths forward. As celebrated author Maya Angelou said, “You may not control all the events that happen to you, but you can decide not to be reduced by them.” When we’re resilient and open to change, we turn obstacles into stepping stones for growth. Resilience and adaptability are like muscles; the more you use them, the stronger they get. Life may not always go as planned, but every twist and turn is an opportunity to learn and grow. Think of it this way: just as plants bend toward the light, we can adapt and find strength in our toughest moments. So, when faced with challenges, ask yourself, “What can I learn from this?” Embrace each experience, both good and bad, as part of your journey. Remember, true success isn’t just about achieving your goals – it’s about bouncing back from setbacks and staying open to new possibilities. In doing so, you’re building a life filled with wisdom, strength, and boundless potential. Whether in school, relationships, or careers, resilience and adaptability help us meet each challenge with confidence, learning, and courage. These qualities remind us that every setback brings the chance to grow stronger and wiser.

# PRIMARY



# DAY

15 th November 2024

# PRIMARY Day

The much-anticipated Primary Day Celebration on 15th November 2024 was a vibrant showcase of our young students' talent and creativity. The event began with an auspicious recital of Thiruppugazh, setting a spiritual and serene tone for the day.

The audience were then transported under the sea with a mesmerizing skit " The Rainbow Fish," . The magic continued with an enchanting Fairy Tale Dance,

The students performed a spectacular Thiruvilaydal Skit and the celebration reached its zenith with a dynamic and vibrant Murugan Sura Samharam Dance.

The Primary Day Celebration was a true reflection of the students' hard work and enthusiasm, leaving the audience spellbound with their performances. It was a day to remember, celebrating the creativity and cultural richness of our young stars.





# PRIMARY Day





# YOUTH EXCHANGE

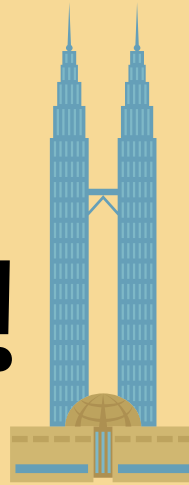
Celebrating Youth Day with Inspiring  
Stories of Young Achievers





# Sojourn to Malaysia

## – A Win Win All The Way!



**Five Interactors and a teacher co-ordinator of Sri Sankara Vidyashramam went on an International Youth Immersion Programme to Malaysia, from 9th to 15th of November. This trip organized by the Rotary Club of Madras and the Audacious Dreams Foundation had 72 participants from 5 schools. Rtn. Seshasai, Mr. Dinesh and Mr. Priyan accompanied the Interactors. The Interact team got off to an energetic start with an ice-breaking session, exploring government buildings.**





**Hands on Science projects at the interactive National Science Centre, Pusat Sains Negara, nature garden and petting zoo was fun with learning. At the Bank Negara, six galleries had the savings structure displayed where students had an interactive and immersive experience. Visits to The Royal Police Museum, the pewter factory and Berely's chocolate factory led to many learning adventures. Visits to the iconic Putra Jaya National Mosque, Tugu Negara National monument, The Independence Square, were of much significance in knowing about the country. So much like India, yet not India - the pit stop at the Batu caves Murugan temple was fascinating to say the least.**

### **New Haunts ..... Exciting Sights**

**Scintillating lights, impressive new- age architecture and high rises juxtaposed with greenery and tiled roofs - quaint yet modern was a sight to remember.**

**Smiles, selfies and group giggles, the winch ride, games and shopping arcades, conversation with curious folks.... all made for pleasant encounters at the Genting Highland and Petaling Street Market.**

**To sum up this international exposure for the Interactors gave them the space to explore, educate and endeavour, creating global citizens...**

**A WIN WIN ALL THE WAY!**

# Nanhi Chhaan National School Essay Contest 2024



Our school conducted the initial round of the essay contest on the topic "Greed Overtakes Need – Is a Reset Necessary?" Two exceptional students, N. U. Dhepti Mooyee Lakshmi and Aksitha Thanga Rathi S. A. (Std XI), were selected for their remarkable entries.

Aksitha qualified for the finals of the 11th Nanhi Chhaan National School Essay Contest, held at Navrachana International School, Vadodara, on November 12th and 13th, 2024. Competing with students from across India, she participated in rounds focused on climate change and engaged in insightful discussions on the main topic.

Aksitha's stellar performance earned her a place among the top 15 participants, along with exciting gifts and accolades. We celebrate her achievement and look forward to more such accomplishments!



**KINGS**  
ACADEMY

**JOURNEY TOWARDS DREAM BEGINS**  
**SELECTED FOR U-19 WOMEN'S T20 TRI SERIES (INDIA B)**



**NANDHANA**

**Pride of SSV**



# ***NANDHANA . S SHINES ON THE NATIONAL STAGE***



Our school is immensely proud to announce that Nandhana S has been selected to represent the India U19 B Team in the highly anticipated Women's U19 T20 Tri-Series. This prestigious tournament, scheduled from December 3rd to 10th, 2024, in Pune, will see fierce competition among three teams: India U19 A, India U19 B, and South Africa U19.

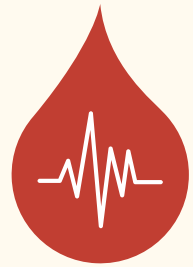
This selection is a testament to Nandhana's exceptional talent, dedication, and hard work. As she steps onto the national stage, she not only carries the hopes of our school but also inspires countless young athletes.

We extend our heartfelt congratulations to Nandhana and wish her unparalleled success in this remarkable journey. May she shine brightly and bring glory to our school and the nation.

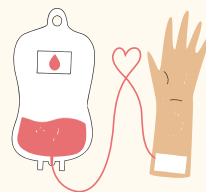


# BLOOD DONATION





# A Step Towards Saving Lives



Sri Sankara Vidyashramam, in collaboration with the Rotary Club of Madras and MVBB, organized a Blood Donation Camp on 16 th November 2024. The event witnessed an overwhelming response, with 101 donors stepping forward to contribute towards this noble cause.

The camp was inaugurated by the President of Rotary Club of Madras Chella Krishna, along with Rtn George, who commended the school for its proactive role in community service. A special mention goes to the Interact Club volunteers, who tirelessly managed the event with enthusiasm and dedication. This initiative not only highlighted the importance of blood donation but also served as an inspiration for students and the community to make a difference. Heartfelt thanks to all the donors and organizers for making this event a grand success.

# Street Scape



**On 16th November 2024, the Green Initiative of the Rotary Club, 'Streetscape' was inaugurated by the President of RCM**

**Rtn Chella Krishna, Chairman of Blood Donation and Past President Rtn George Cherian, Rtn Rinku Mecheri whose brush strokes on the wall pertaining to Blood Donation was an encouraging effort for the Interactors to follow suit. Rtn Chella Krishna motivated the Interactors with a catch phrase " Every Blood Owner is A Blood Donor, 'which found a place on our. streetscape wall.**

**Streetscape by the Little Lords - Interact's flagship project is indeed a great example of community engagement by beautifying the school walls .**

**We are proud that our mural work on the wall, the Streetscape project has been featured in the 14th edition of Rotary's magazine Lighthouse.**







# Heritage Walk



## A Walk Along the Buckingham Canal





## **A Walk Along the Buckingham Canal**

**On the occasion of Children's Day (14 th November 2024), a enthusiastic group of students from Sri Sankara Vidyashramam Mat.Hr. Sec. School, embarked on a unique and educational nature and heritage walk along the historic Buckingham Canal. This initiative, conducted in collaboration with the Environmentalist Foundation of India (EFI), offered students an opportunity to connect with the natural and cultural heritage of their surroundings.**

**Volunteers from EFI shared the importance of Buckingham Canal which once served as a major waterway, facilitating trade and transportation.**

**It reinforced the importance of preserving the environment and instilled a sense of responsibility in each participant to protect and cherish the resources.**

# Diwali Spreading Light Through Knowledge



**This year, our school celebrated Diwali, the Festival of Lights, with a meaningful initiative aimed at spreading knowledge and joy. The celebration focused on collecting unused notebooks, books, and stationery from students and staff, which were donated to underprivileged children in need. The campaign began with an awareness drive encouraging everyone to contribute towards this noble cause. The response was overwhelming, with students and staff enthusiastically donating items to support education for those less fortunate.**

**The collected items were carefully sorted and packed by the Interact Club, which coordinated the initiative. The school celebrated Diwali with a purpose, demonstrating that the festival's spirit lies in sharing and uplifting others. It was a heartwarming experience, reminding everyone that the brightest lights are those we kindle in others' lives.**



# In The News

## Community >

### A walk along the Buckingham Canal



On the occasion of Children's Day, an enthusiastic group of students from Sri Sankara Vidyashramam Matriculation Higher Sec. School, Thiruvanniyur, embarked on a unique and educational nature and heritage walk along the Buckingham Canal in Thiruvanniyur.

This initiative, conducted in collaboration with the Environmentalist Foundation of India (EFI), offered students an opportunity to connect with the natural and cultural heritage of their surroundings. Volunteers from EFI shared the importance of Buckingham Canal which once served as a major waterway, facilitating trade and transportation.

"It reinforced the importance of preserving the environment and instilled a sense of responsibility in each participant to protect and cherish the resources," said a statement from the school.

**CURE RESPIRATORY ISSUES NATURALLY WITHOUT SIDE EFFECTS  
GUARANTEED WEIGHT REDUCTION, DETOX & ROOT CAUSE CURE**

**Workshop to create and give solutions**

Adyar Times 17.11.24

## THE Lighthouse

BOND | BUILD | BRING CHEER



### Streetscape Transformation of Street Walls by Interactors

### Blood Donation Camp at Sri Sankara Vidyashramam

On 16th Nov 2024, the Interact Club of Sri Sankara Vidyashramam, under the umbrella of the Rotary Club of Madras, successfully organized a blood donation camp on the school premises.

This noble initiative was inaugurated by Rotary Club's President Rtn. G. Chella Krishna, in the presence of Mrs. S. Sashirekha principal of Sri Sankara Vidyashramam, Rtn. A.M. Visvanathan Director of Community Service 2 (Health), Rtn. P.P. George B. Cherian, Chairperson of Blood Donation Committee, Rtn. Rinku Mecheri Co-chairperson of Blood Donation Committee and Rtn. Sumit Kumar Kalra.

This blood donation camp marks the 23rd consecutive year it has been held at the school, a significant milestone in the Interact Club's 25-year history.

#### Highlights of the Event:

The Special highlight of this camp was the pledge from nearly 30 teachers of Sri Sankara Vidyashramam, who voluntarily came forward to donate blood, setting a strong example for the students.

We would like to thank the faculty coordinators, Ms. Punitha & Ms. Rajam, who have been the backbone of this effort. Special thanks to the principal





**SSV**

**SPORTS**

**NEWS**





**On November 5, 2024, our students excelled at the Chennai Revenue District Table Tennis Tournament held at GRT Mahalakshmi Vidyalaya Matriculation Higher Secondary School, Chennai.**

**G. Nandhini (VIII A) showcased exceptional skill to win the Under-14 Girls' Singles title. In the Under-14 Girls' Doubles, G. Nandhini teamed up with H. Shai Harshitha (VII A) to secure first place, displaying remarkable coordination and strategic gameplay.**

**We are proud of their achievements, which highlight the dedication and talent of our young athletes.**

*Table*  
**Tennis**





Get kids to play summit by  
EDU Sports appreciated our primary  
students Dev Vishnu Kumar K, M  
Hassini, M Yeshwanth, Rakshana and  
L Yazhini and gave awards for their  
excellence in extra curricular  
activities on 27th Nov 2024 at  
TT Jaganathan Auditorium IIT  
Madras Chennai





# Annual Sports Day



2024





# SPORTS DAY



The eagerly awaited Sports Day at Sri Sankara Vidyashramam was held on 23rd November 2024, in the school grounds, bringing together students, staff, and parents for a day filled with energy, excitement, and sportsmanship. The event commenced with the hoisting of the school flag and the lighting of the torch, symbolizing the spirit of competition and unity.

The chief guest for the day, Dr. Nanda, an eminent health coach and therapist, graced the occasion with his presence. In his inspiring inaugural address, he emphasized the importance of sports in developing physical fitness, mental well-being, and team spirit among young learners.

The event kicked off with a mass drill by the primary students, a colorful and synchronized performance that showcased their coordination and discipline. The audience applauded the enthusiasm and efforts of the tiny tots as they moved in harmony to the beats.

The highlight of the day was the house-wise march past, where students from the four houses—Agni, Vayu, Prithvi, and Akash—paraded with pride and determination, vying for the title of the Best March Past Team.

The sportsmanship and determination displayed by the participants were commendable, reflecting the school's emphasis on holistic development. The event concluded with the distribution of prizes and medals to the winners and runners-up by the chief guest, followed by the much-anticipated announcement of the Champion House for the year.

Akash house emerged as winners and Agni were the runners up .

The day ended on a high note, leaving everyone with a sense of achievement and memories to cherish. Sports Day of SSV, truly reinforced the spirit of “Healthy mind in a healthy body.”

# CAPRICS

## Learning Lab

**We are proud to announce that our school was recognised in the Creative and Distinguished Educators Conclave, hosted by Caprics Learning Lab. This prestigious recognition highlights the exceptional creativity, dedication, and innovative contributions of our school in shaping young minds and fostering a transformative educational environment.**



# ROAD



# SAFETY PATROL

**Tamilnadu Police Traffic Wardens Organisation conducted an Annual Inter School Road Safety Patrol Literary Competition on 16.11.24 at MCC school, Chetpet. RSP students from classes IX and X participated in Elocution, essay writing, drawing and Quiz competition on topics like zero accident day, ideal traffic scenario etc.**



# Health Awareness

**In celebration of Children's Day, the Rotary Club of Chennai Medical Fraternity hosted an engaging and educational awareness program for children below ten years of age. The event was conducted by esteemed paediatrician Dr. Shantha Nagarajan for the students of Class 4.**

**Dr. Shantha highlighted the critical aspects of maintaining good health by emphasizing the importance of choosing the right food, ensuring adequate sleep, engaging in regular physical**



**On 7th November, 9 students from our school attended the Apollo Shine Emergency Health Preparedness Programme at Music Academy, Chennai. Led by Dr. Indira Jayakumar and hosted by nutrition ambassador Hasini Lakshminarayanan, the program featured talks from health experts, including Apollo CEO Naveen Varigepalli, on emergency protocols, triage stages, and Apollo Shine's life-saving impact. Students learned about Apollo's four pillars of emergency response, the importance of Shine cards, and the role of school nurses. The event concluded with a pledge by student health ambassadors, making it a memorable learning experience for all.**

# AI – Teaching Tool

On September 9, 2024, The Association of Geography Teachers of India (Trust) organized an Annual Conference for school teachers on Using AI for Teaching at the School Level. Dr. T.V. Geetha, former Dean at Guindy College, enlightened the gathering with information about artificial intelligence, how it can be used in education, and its limitations.

Dr. Janani Nandakumar, a post-doctoral fellow at IIT, engaged the delegates with a series of websites that can be used by teachers to enhance their ability to explain geographical concepts more effectively.

Dr. Sivagnanam, a Retired Professor and former Head of the Department of Geography at Madras University, shed light on how AI can be used in the field of Geography.

The above conference was informative and useful.



Our School Principal had the privilege of attending an insightful demo session conducted by Mrs. Easwari Jayaraman, a retired computer science teacher, at Sri Sankara Senior Secondary School, Adyar.

The session revolved around the innovative use of Robo as a teaching assistant tool to enhance the learning experience in classrooms.





# World Science Day



On Friday, 15th November 2024, the students of STD 9 participated in the World Science Day 2024 celebrations. The event was organized by the Tamilnadu Science and Technology Centre in collaboration with the Russian Atomic Energy Corporation. A quiz competition on Nuclear Physics was held, along with demonstrations of simple science experiments. All 10 participating students from our school received participation certificates, while Annamalai and Balanethran were awarded winner certificates for their confident answers.

# Cyber Safety Awareness



Our school conducted a Cyber Safety Awareness Programme on November 7, 2024, featuring a team from the Cyber Crime Department, South Zone, as guest speakers. The session aimed to educate students on online safety and responsible digital behavior.

The programme began with a welcome address by the Principal, who highlighted the importance of equipping students to navigate cyber threats. The speakers covered key topics, including online risks, social media safety, and avoiding scams, citing real-life cases to emphasize that even educated users are vulnerable.

Students gained practical insights on setting privacy controls, protecting personal information, and recognizing cyber threats. They also learned about the challenges law enforcement faces in tackling cybercrime, such as identity theft and online fraud.

The event concluded with an engaging Q&A session, where students clarified doubts and reinforced their understanding of cyber safety. The programme successfully empowered students to adopt safer practices in the digital world.

# SSU



## Knotty Decoders

### Riddle time

What has to be broken before you can use it?

I am an odd number. Take away a letter and I become even. What number am I?

### Do You Know ???



### You Tube turns '19'

"Me at the Zoo," the first YouTube video, was posted on April 23, 2005, by Jawed Karim who was just 25 years of age at that time.

Crypto currency is like digital money. It exists only online

Edward E. Zajac created "Hummingbird," the first computer animation, in 1962.

### Vocab Vital

EDDY  
MEANING: A CIRCULAR  
MOVE MENT OF  
WATER, WIND, DUST ETC



# SSU



## Knotty Decoders

### Answers for October edition

Riddle : Star

Quiz Time: Morocco



**LEARNING  
IS FUN  
@  
SSU**

### Quiz time

DRDO recently completed the successful flight test of its new rocket system. What is it called ?

