

Sri Sankara Vidyashramam Mat.Hr.Sec.School



March 2026



Behind every
successful society,
stands a fearless
woman.



**SANDESA
PATRIKA**

“Empowered women empower the world.”

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GRATITUDE TO IET

Women Power

Empowering Minds, Celebrating Women

On the occasion of Women's Day, we extend our heartfelt thanks to the IET for their thoughtful gesture and warm wishes conveyed through this beautiful greeting.

The message and design reflect the true spirit of womanhood—strength, grace, and dignity. Such initiatives not only celebrate women but also inspire confidence, respect, and empowerment among all.

We sincerely appreciate IET's continuous efforts in encouraging inclusivity and innovation, and for being a source of motivation to young minds. Their support and encouragement mean a lot to our institution.



WOMEN POWER: THE INVISIBLE STRENGTH



MRS SASHIREKHA.S
M.A., B.ED.

Women Power

Women power does not always arrive with a cape—it often works quietly, almost unseen, yet remains one of the greatest forces that keeps the world moving. It is found not only in extraordinary achievements, but in the courage to take one step forward every single day. In everyday life, this strength flows seamlessly from homes to boardrooms, classrooms to the skies, shaping lives with resilience and purpose. Gentle in expression, yet unwavering in spirit, reminding us that softness is not weakness. It is, in fact, a deeper form of strength that stands firm in the face of every challenge.

It is this very force that sustains and strengthens the world, a lifeline we often experience but rarely pause to acknowledge. Perhaps that is why the Earth itself is personified as feminine: a symbol of endurance, balance and quiet power.

When this strength is recognised and supported, it creates a future that is not only stronger, but also kinder and more harmonious.

LEADERSHIP THAT INSPIRES INNOVATION AND EXCELLENCE

Women Power



The school takes immense pride in sharing that our respected Principal, Mrs. Sashirekha, has been honored with the Best Principal Award by the IOT. This prestigious recognition is a testament to her visionary leadership, unwavering dedication, and commitment to excellence in education. Her guidance has been a constant source of inspiration for both students and staff, fostering a culture of discipline, innovation, and holistic development. This remarkable achievement brings great honor to our institution and motivates us all to strive for greater heights.

EXCELLENCE IN LEADERSHIP, PRIDE OF OUR INSTITUTION

Champions of Sustainability

Women Power



The school proudly participated in the Sustainability Education Programme - Earthian 2025-26, organized by the Wipro Foundation, Bengaluru, in collaboration with CPR&EC.

We are delighted to announce that our school has been selected for the Regional Cash Award of ₹10,000 for the project titled “Sustainability and Biodiversity.” This remarkable achievement places us among the top three schools out of 139 participants across Tamil Nadu.

Guided by Ms. Usha Rani, the project was carried out by the enthusiastic students of Grade 9 - Akshara Sree S, Fathima Aliza Sarah, Shanwitha R, Bharkavi N, and Vidhya Shree V. Through field observations, biodiversity documentation, and eco-friendly initiatives, the team showcased outstanding creativity, teamwork, and environmental responsibility.

This achievement reflects our school’s strong commitment to sustainability education and inspires every student to contribute towards protecting our planet.

Young Minds Leading the Way Towards a Greener Future

CADETS IN ACTION

Women Power

Pride, Precision, and Performance at Novice Champ 2026
Our NCC cadets showcased exceptional talent and discipline at the Novice Champ 2026 – 16th Cado Fiesta Inter-School Competition, held at Tamil Nadu Dr. Ambedkar Law University on March 14 & 15, 2026.

Competing with great enthusiasm and team spirit, the cadets achieved remarkable success across various events:

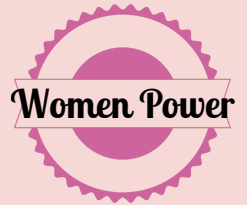
Firing

- Thanushka Nivashini – 3rd Prize
- S. Hasini – 2nd Prize Group Dance
- Secured 3rd Prize Cross Country
- Pavi Nila – 3rd Prize Individual Talent
- Gowshik – 3rd Prize

Their commendable performance reflects dedication, confidence, and true sportsmanship, bringing pride to the institution.



$\int \times$ A LEGACY OF NUMBERS AND NURTURE



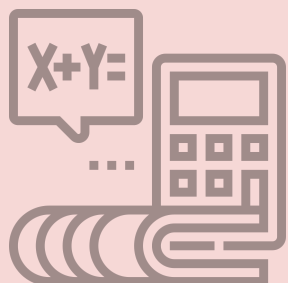
I feel truly honored to reflect on my journey as a Mathematics teacher at Sri Sankara Vidhyashramam MHSS, where I have devoted more than 28 years of my life to teaching and guiding students. Over the years, it has been immensely fulfilling to see my students grow, with more than 75 of them achieving centum in Mathematics — a milestone that brings me great joy and pride.

I have always believed that every child can learn, given the right support and encouragement. My teaching approach focuses on inclusiveness, where I simplify complex concepts into smaller, understandable parts so that even students who find learning difficult can grasp them with confidence. I strive to build a comfortable and trusting environment in my classroom, especially for students who may need extra care and guidance. Maintaining a strong connection with parents has also been an important part of my journey, as I believe that working together helps in the overall development of every child. Punctuality, consistency, and sincerity have been values I have tried to uphold throughout my career.

I feel grateful to have received recognitions such as the “Vidya Ratna” Award, the “Dr. Radhakrishnan Award”, and the “Best Teacher” Award, which have motivated me to continue giving my best.

Beyond the classroom, I have found peace and purpose in contributing to the religious activities of the Marundheeswarar Temple in our locality.

As I prepare to retire this year, I carry with me countless memories, experiences, and the love of my students. Teaching has been more than a profession to me — it has been a meaningful journey of learning, sharing, and growing. I am deeply thankful for the opportunity to have been a part of so many young lives.



Mrs.Vijaya N
PGT-Mathematics

YOGA: A JOURNEY WITHIN



Life is a beautiful, high-energy dance between stillness and speed. Most of you know me for the calm of our Yoga sessions, but my heart also beats to the powerful rhythm of Silambam, the steady grit of the Gym, and the relentless endurance of the Marathon track.

Why do I push my limits? Because I want to show you that being a "fitness freak" isn't just about muscles—it's about grace under pressure.

- Yoga gives me the roots.
- Silambam gives me there focus.
- The Gym and Marathons give me the fire.

I carry these passions into our school every day to remind you: Your body is your greatest instrument. Whether you are holding a pose or sprinting toward a goal, do it with discipline, do it with pride, and above all, carry yourself with grace.

Let's keep moving, keep breathing, and keep winning!

NANDHANA SRIDHARAN – A PROMISING PACE SENSATION

Women Power



Nandhana Sridharan, a 16-year-old cricketer, a student of Sri Sankara Vidyashramam, Thiruvannamur is quickly gaining attention in India's junior women's cricket circuit. A right-arm medium-fast bowler, she has already represented the India Women Under-19 team at a young age.



Exploring the timeless love behind the world's most popular sport.



She has impressed with her performances in domestic tournaments. In a BCCI U-15 match, she delivered an outstanding all-round show, scoring 64 runs off 38 balls and picking up 4 wickets for just 6 runs.

The Road Ahead

With early exposure to national-level cricket and impactful performances, Nandhana Sridharan stands out as one of the future prospects for the Indian women's senior team. If her growth continues at this pace, she is well on her way to becoming a name to remember in Indian cricket.

Nandhana has also contributed in Under-19 matches, taking crucial wickets and helping her team secure victories. Her consistency and control make her a promising bowler. With strong skills and growing experience, she is seen as a future prospect for the Indian women's senior team.

With her current form and determination, Nandhana Sridharan looks set to take bigger strides in the coming years and could soon be knocking on the doors of the senior Indian women's team. Her ability to handle pressure situations at a young age reflects strong mental toughness.

She continues to refine her pace and control, making her a consistent threat with the ball.

Her all-round contributions further add value to her team's performance. With proper guidance and exposure, her growth curve appears highly promising.

If she maintains this momentum, she could soon become a key name in Indian women's cricket



YOUNG INNOVATOR MAKING A DIFFERENCE



**AN ECO-FRIENDLY IDEA FOR A BETTER TOMORROW
AKSHITHA THANGA RATHI S A OF CLASS 12 HAS BEEN SELECTED
FOR THE PRESTIGIOUS INSPIRE AWARD FOR HER INNOVATIVE
IDEA ON CLOTH PELLETS, AN ECO-FRIENDLY ALTERNATIVE TO
TRADITIONAL MULCH.**

**SHE HAS RECEIVED A GRANT OF ₹10,000 TO DEVELOP A PILOT
PROJECT, TURNING HER IDEA INTO A PRACTICAL SOLUTION. HER
ACHIEVEMENT IS A PROUD MOMENT AND AN INSPIRATION FOR
ALL.**

**HER PROJECT FOCUSES ON REDUCING AGRICULTURAL WASTE
WHILE PROMOTING SUSTAINABLE FARMING METHODS.
IT REFLECTS HER CREATIVITY, RESEARCH SKILLS, AND CONCERN
FOR THE ENVIRONMENT.**

**SUCH INITIATIVES ENCOURAGE YOUNG MINDS TO THINK
BEYOND TEXTBOOKS AND SOLVE REAL-WORLD PROBLEMS.
WE WISH HER GREAT SUCCESS AS SHE TAKES HER IDEA
FORWARD AND MAKES A MEANINGFUL IMPACT.**

Aiming for Glory

Women Power

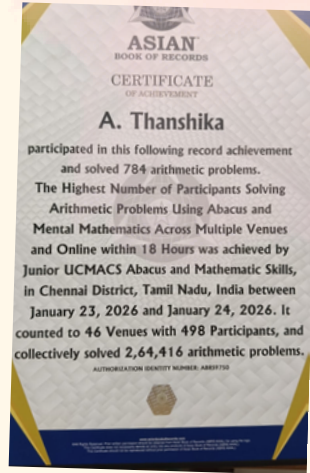


Devashree R of Std VIII has brought great pride by securing Gold and Silver medals in the Under-15 Girls Indian Bow category at the 19th Tamil Nadu State Archery Championship, held in Madurai from 14/03/2026 to 15/03/2026. Adding to this achievement, she has been selected to participate in the National-level competition in the month of April. Her dedication and outstanding performance are truly commendable, and we wish her continued success in the upcoming Nationals.

Excellence in Archery at the State Level

A Remarkable Achievement

Women Power



A. Thanshika of Std VIII brought great pride by participating in the Asian Book of Records and securing recognition in the Junior UCMAS Abacus and Mental Mathematics category in the Chennai District.

She showcased exceptional skill by solving 784 arithmetic problems using Abacus and mental mathematics within 18 hours, across multiple venues, on January 23 and 24, 2026. The event witnessed the participation of 498 students, who together solved an impressive 2,64,416 arithmetic problems.

Adding to this remarkable accomplishment, she has also earned 5 State Level Awards, 2 National Awards, and 1 World Record, highlighting her dedication and outstanding talent.

Celebrating Excellence in Abacus and Mental Mathematics

Digital Learning in Action

A Tata Class Edge demo session was conducted on 3rd March 2026, giving teachers an insightful introduction to modern digital teaching tools. The session highlighted how technology can make classroom learning more interactive and engaging.

The demonstration showcased multimedia content, smart assessments, and concept-based learning methods that help students understand topics more effectively. Teachers actively participated and explored the features of the platform.

The session proved to be informative and inspiring, encouraging educators to integrate digital tools into their teaching practices for a better learning experience.



Exploring Smart Education with
Tata Class Edge

Exploring Concepts Through Experiential Learning



Students of the Primary section actively engaged in experiential learning activities across different classes, making education both fun and meaningful. Students of Std III explored Patterns in Shapes by creating creative designs, while Std V students learned about Animal Life and Reproduction by making detailed life cycle models, showcasing their understanding and creativity. Adding to the excitement, Std IV students participated in a unique marketplace activity, where they designed a mini market using reusable and recyclable materials, promoting eco-friendly practices. The activities encouraged hands-on learning, creativity, and teamwork, making concepts easier to understand and remember



A JOURNEY THROUGH HERITAGE



Exploring South India's Culture at DakshinaChitra

An educational trip to DakshinaChitra was organized on 13th March 2026 for the students of Classes VII, VIII, and IX.

Students explored heritage houses and craft exhibits, gaining insight into the traditional lifestyle and architecture of South India. They enjoyed vibrant folk performances like Oiyalattam, Thappattam, and Karagaattam, which highlighted the rich cultural traditions of Tamil Nadu.

Overall, the visit was informative, enjoyable, and memorable, offering students a meaningful learning experience beyond the classroom.

EXPLORING SOUTH INDIA

Learning Beyond the Classroom

Students of Classes I to IV enjoyed an exciting educational visit to Winners Bakery and Semmozhi Poonga, gaining valuable real-life learning experiences outside the classroom.

At Winners Bakery, the children observed how bread and cakes are prepared. They learned about mixing ingredients, baking processes, hygiene, and teamwork, which gave them a better understanding of how their favourite treats are made. The students were curious and actively interacted with the staff, making the session more engaging.

The visit to Semmozhi Poonga was equally enjoyable. Surrounded by a variety of plants and flowers, students learned about the importance of nature and environmental care. They also spent time playing on swings and slides, which added to their excitement and joy.

The trip was both fun and informative, encouraging students to learn through observation and interaction. It also helped them develop social skills and a sense of curiosity about the world around them.

Overall, the visit was a memorable and enriching experience, leaving the students happy, inspired, and eager to learn more beyond the classroom.



Exploring the world through experience and discovery.

Know Your City

Dr. Muthulakshmi Memorial - A Tribute to a Pioneer

Dr. Muthulakshmi Reddy Memorial in Chennai stands as a tribute to the remarkable contributions of Dr. Muthulakshmi Reddy, one of India's first women doctors and a champion of women's rights. The memorial honors her lifelong dedication to social reform, healthcare, and education. She played a key role in uplifting women and children, and was instrumental in establishing institutions for their welfare.

Today, the memorial serves as a reminder of her inspiring legacy and her relentless efforts towards building a more equal and compassionate society



An Eternal Icon of Womanhood and Righteousness

Kannagi Statue, located along the famous Marina Beach, stands as a powerful tribute to Kannagi, the legendary heroine of the Tamil epic Silappatikaram.

Kannagi is revered as a symbol of justice, courage, and unwavering virtue. The statue depicts her in a fierce stance, holding her anklet, representing her fight for truth after her husband was unjustly punished.

This iconic landmark not only reflects Tamil culture and heritage but also highlights the strength and determination of women.

Kannagi Silai continues to inspire generations with its message of righteousness and women empowerment.



Witz and Whimsy

WHAT 5-LETTER WORD BECOMES SHORTER WHEN YOU ADD TWO LETTERS TO IT?

I SPEAK WITHOUT A MOUTH AND HEAR WITHOUT EARS. I HAVE NOBODY, BUT I COME ALIVE WITH WIND. WHAT AM I?

FIND THE MISSING NUMBER:
3, 9, 27, 81, ____

Answer for Feburary Edition 2026

Across

5. Rotation
9. Bahadur Shah Zafar
10. President
11. Island
12. Globe

Down

1. Mangal Pandey
2. Porbandar
3. Landforms
4. Nile
6. Jai Hind
7. Atlas
8. Equator